

“WE CAN’T DIRECT THE WIND” WORKSHEET

DATE:

IDENTIFY THE WIND - WHAT EXTERNAL FACTOR IS AFFECTING YOU?

YOUR CURRENT SAILS - HOW ARE YOU CURRENTLY REACTING?

ADJUST YOUR SAILS - WHAT CHANGES CAN YOU MAKE?

SET A NEW COURSE - WHAT'S YOUR REVISED GOAL?

NAVIGATE FORWARD - WHAT'S YOUR NEXT ADVENTURE?
