

“ADVERSITY REVEALS GENIUS” WORKSHEET

DATE:

ADVERSITY - WHAT IS ONE CHALLENGE YOU'RE FACING RIGHT NOW?

WHAT'S ONE SKILL OR TALENT YOU COULD USE TO OVERCOME THIS CHALLENGE?

A PREVIOUS EXPERIENCE WHERE ADVERSITY REVEALED A HIDDEN STRENGTH?

WHAT IS ONE NEW THING YOU COULD TRY TO BREAK OUT OF YOUR COMFORT ZONE?

NAME ONE PERSON WHO COULD SUPPORT YOU IN FACING THIS CHALLENGE.
